

LINKING FAMILIES TO HAPPY DAY SCHOOL

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JUST IN TIME FOR THE HOLIDAYS

The high school class in Room 10 prides itself in learning new vocational and social skills through functional classroom businesses.

Some past endeavors have included “Build-A-Card”, “Laugh-It-Up”, and even car washes. Our current project is “Tag-You’re It!”. This is a gift tag business which is proving to be very successful. The students create and design the gift tags, which range in size, from start to finish. The students participate in each step of the process. We sold our finished product at our Fall Auction. What a great way to combine vocational tasks with socialization skills while giving back to the community. All proceeds go back to the students at Happy Day School.

We do still have a limited supply available to be purchased. If you are interested in supporting our business, tags are sold at the price of 5 for a dollar. Simply send your request along with your money to Mary Beth Brown in room 10. Thanks in advance for your continued support.

INDOOR ACTIVITIES

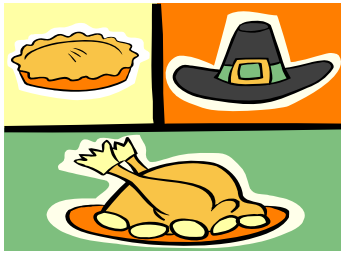
As the weather changes from warm to cold, kids begin to lose the chance to get outside and burn their energy. It becomes more challenging to come up with ideas of fun indoor activities to keep kids busy! The following activities are indoor appropriate and a fun way to keep busy on cold winter days. Also, if you have not checked out Pinterest (www.pinterest.com), this website is a great resource for indoor activities for babies to teens. Once you start seeing different uses for household items and use them in creative play, the possibilities are endless for indoor fun!



- * Create forts by putting sheets over a table and using flashlights as lighting.
- * Create a large pillow pile to jump in and climb out.
- * Keep empty shoe boxes, tissue boxes, plastic containers, and spice containers to stack or open and close.
- * Play bowling with empty water bottles and a ball or play table top bowling using toilet paper rolls and a small ball.
- * Draw and play in shaving cream or flour on the table.
- * Make a dough to play in out of 8 parts flour mixed with 1 part baby oil.
- * Play with magnetic toys on a cookie sheet or muffin tray.
- * Create aluminum foil art.
- * Play in water in the sink (funnels, cups, turkey basters).
- * Let your child help you make pudding, jello, or any simple dish.



HAPPY DAY SCHOOL
CALENDER OF EVENTS
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11/12/2012	Parent Council Mtg.-Happy Day School	4:00 pm
11/13/2012	Board Eligible Family Swim	6:00-7:30 pm
11/14/2012	PCBDD Board Meeting-Board Office	5:30 pm
11/16/2012	Toddler Swim Group	9:00-10:15 am
11/18/2012	Parent Council/Ravenna Moose Thanksgiving Dinner at Happy Day School	1:00 pm
11/20/2012	Board Eligible Family Swim	6:00-7:30 pm
11/22/2012	Thanksgiving Break NO SCHOOL THROUGH 11/25/2012	
11/26/2012	Program Resumes	
11/27/2012	Board Eligible Family Swim	6:00-7:30 pm
11/29/2012	Market Day Pickup	3:15-4:15 pm
11/30/2012	Toddler Swim Playgroup	9:00-10:15 am
12/4/2012	Board Eligible Family Swim	6:00-7:30 pm
12/4/2012	SANTA Shop at Happy Day School	9:30 am
12/5/2012	SANTA Shop at Happy Day School	9:30 am
12/7/2012	Toddler Swim Playgroup	9:00-10:15 am
12/11/2012	Annual Holiday Program for P/S and S/A	1:15 pm
12/12/2012	Toddler Holiday Gathering-MPR	10:00 am
12/12/2012	PCBDD Board Meeting-Board Office	5:30 pm
12/14/2012	Toddler Swim Playgroup	9:00-10:15 am
12/18/2012	Board Eligible Family Swim	6:00-7:30 pm
12/20/2012	Winter Break– NO SCHOOL THROUGH 1/1/2013	
1/2/2013	Program Resumes	

HAPPY DAY SCHOOL

Did you know...

School meals just got a lot healthier! Thanks to new school lunch meal standards, that focus on more whole grains, fruits and vegetables while lowering sodium and fat, we are teaching the students healthy eating habits early in life. The new school lunch pattern provides 1/3 of the average daily calorie needs for kids based on their age. School meals are “right sized” to your child based on their needs according to age groups. These changes are the first made to the National School Lunch program’s meal patterns in 15 years.

We have increased fruit and vegetable servings and have incorporated many more fresh options into the menus. Low fat (1%) and fat free milk is being served daily. Servings of protein have not changed under the new standards, however, we now do have a “maximum” put on servings of both protein and starch menu items (i.e. meat and bread servings). If you feel your child is not receiving enough food at lunch time, please feel free to supplement with food from home, or a la carte purchases is always an option.

Your child can learn good habits for life by making healthy food choices now. This year is a transition year as our school is implementing these new standards and working together with teachers, staff and parents to ensure that every child has access to healthy and nutritious meals. Please encourage your child to try new foods and eat the healthy food offered.

How you can help from home....

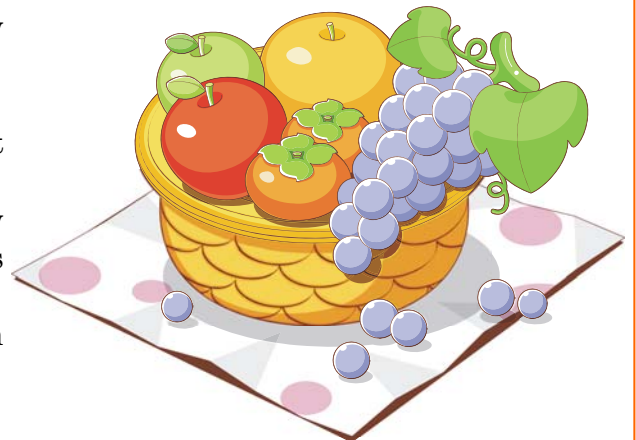
Reinforce healthy eating by offering similar new foods at home!

Make time to join your child for lunch at school.

When your child gets home from school, ask what was served and see what he/she ate for lunch.

Eat meals with your child whenever possible; Allow your child to see you enjoying fruits, vegetables and whole grains at meals and snacks.

Take your child grocery shopping and help them make healthy choices.



Keep updated on changes at www.fns.usda.gov/healthierschoolday

Please check out our student of the month, Paxton H. (Early Intervention Student), on our Portage County Board of Developmental Disabilities website at www.portagedd.org. A new student will be chosen monthly by a voting committee.

